

**Most patients have some of the symptoms, but they usually go away once the stent is removed.**

# Stent - DJ Stent - Ureteral Stent



DJ Stent Surgery And Removal

## What

What is a ureteral stent is a plastic, flexible, hollow tube that helps the kidney drain urine after kidney stone surgery

## Why

- A stent is placed by urologist after kidney stone surgery.
- Stents are often placed to stop stone fragments or blood from blocking urine leaving the kidney and to prevent spasms in the ureter.

- Also to drain infected urine from Kidney

## What

### Expect after stent

It is very common for stents to cause symptoms following surgery.

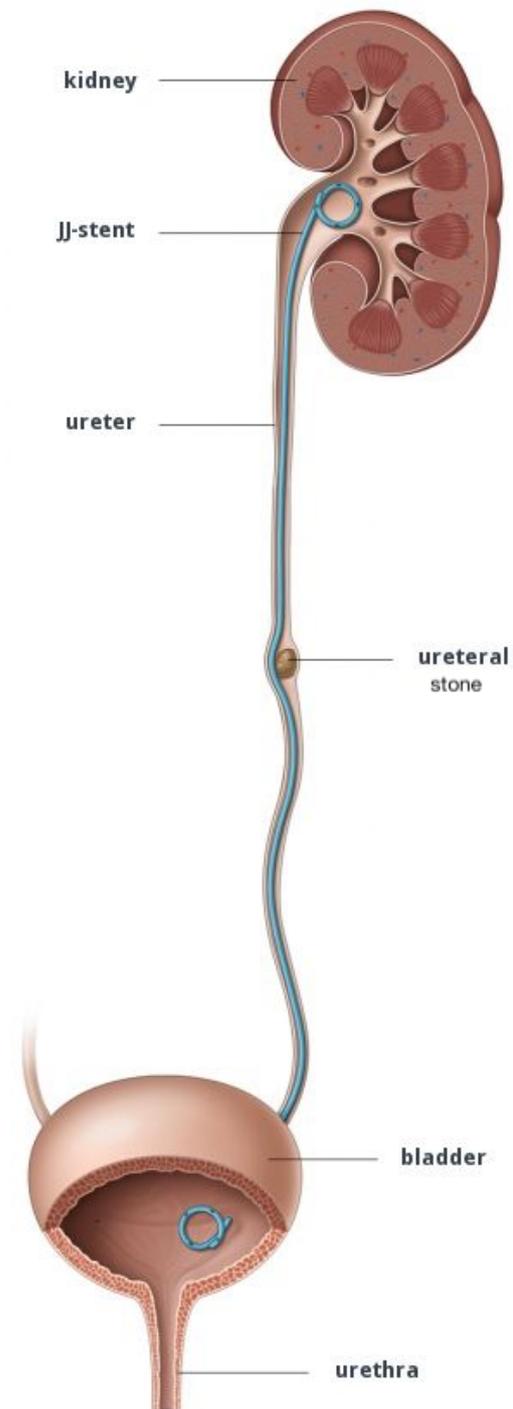
You may experience some of the following:

- Urinary Frequency Urgency
- Burning or pain at lower back , Kidney area while urination
- Blood in urine
- sensation of incomplete emptying at voiding
- Discomfort at Bladder and Root of Penis

## How

### Manage stent symptoms

- Plenty of Fluid ( Max. 3 Lits)
- Medication like Pyridium, Alkanizers



These symptoms are common, and do not require medical help.  
They will pass with time:

- Pain or discomfort
- Urinary frequency or urgency
- Burning or pain during urination
- Blood in urine
- Sensation of incomplete emptying of the bladder

If you are still concerned,  
**It Is NOT EMERGENCY**  
please contact your Doctor's Clinic

## Will this affect daily activities?

**NO**



**Activity:** You may restart your normal physical routine. If you see increased blood in your urine when you become more active, get off your feet, rest, and drink plenty of fluids.



**Activities, Social Life & Travel:** Having a stent should not affect work activities, social life, or travel. If you experience urinary symptoms, you may need to use the bathroom more often.



**Sex:** Having a stent should not affect your sex life. However, if you have a stent with a string coming outside the body through the urethra, sexual activities may be difficult.

## The Stent will be removed after 15 days

### When

- The stent will be removed by your doctor at Operation Theater.
- You should Reach hospital with prior Appointment.
- Drink lot of water and Take pain medications
- Procedure will be done under Local Anaesthesia
- You will return home in one Hour time.
- Expect Mild burning and Blood in urination, will soothe in two hours

## When

### When to Reach Doctor for Sure



Chills, Fever Higher than 101<sup>0</sup> F



Nausea, Vomiting and Dehydration



Severe Pain No relief with

Medication



Inability to pass Urine



Constant Leakage of Urine



Stent comes Out

